

MAMMOGRAMS and **PAP** Screenings

Early detection for the best protection against breast and cervical cancer

MAMMOGRAMS

You have a much better chance of surviving breast cancer if you catch it early. Most doctors agree that finding breast cancer early saves lives. Many more lives could be saved if more women got mammograms.

PAP TESTS

Don't Die of Embarrassment!

CERVICAL CANCER can be inside your body a long time before it causes symptoms that you notice. Just as with breast cancer, cervical cancer can spread if it continues to grow until you have symptoms. The Pap test helps catch this cancer early, when it can be treated successfully.

Friend to Friend-Staying Well Together Program



The purpose of Friend to Friend is to encourage women to have regular mammograms and Pap tests because the earlier either cancer is found, the more curable it is. Our goal is to reach as many women as possible. We hope to get every woman to make a personal pledge to get a mammogram and Pap test.

Some women find it very hard to get the tests because of no insurance or underinsured. We are here to make sure that is not the case. If you need to get a mammogram and/or Pap test, please contact Jessie Bell at **903.590.2988** to get scheduled.



CANCER PREVENTION & RESEARCH INSTITUTE OF TEXAS

January 2016

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife, the Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners